



## Lunch

gluten free menus available

### salads

**salad & housemade soup** - cheddar, bacon, red onion, tomato & soup of the day - 11

**buffalo chicken salad** - panko crusted chicken breast tenders, greens, sliced celery, carrots, bleu cheese crumbles and housemade buffalo ranch dressing 13

**house cobb** - your choice of grilled chicken breast or applewood smoked turkey breast. greens, cherry tomatoes, bleu cheese crumbles, egg, bacon, avocado 13

**grilled chicken house** - field greens, candied walnuts, strawberries, tangerines, goat cheese, housemade balsamic vinaigrette 13

### paninis

choice of housemade fries, sweet potato fries, onion rings, housemade coleslaw or fresh fruit  
choice of cheese - pepper jack, goat, bleu, swiss, cheddar, american, provolone or mozzarella  
choice of bread - ciabatta, sourdough, wheat, white or squaw

**vegan avocado spinach panini** - avocado, spinach & sundried tomato on sourdough 11

**carne asada panini** - queso fresco cheese, pico de gallo, avocado, jalapeno aioli 14.5

**club panini** - smoked turkey, crispy applewood bacon, avocado, tomato, basil aioli and choice of cheese 13

**New** **grilled chicken panini** - kale pesto, tomato, mozzarella 11.5

**turkey avocado panini** - turkey breast, avocado, basil aioli and choice of cheese 12

### sandwiches

choice of housemade fries, sweet potato fries, onion rings, housemade coleslaw or fresh fruit

**vegan toasted pbb & j** - peanut butter, housemade raspberry jam & bananas 9.5

**soup & ½ sandwich** - choice of house turkey, good earth, chicken & nut, or best b.l.t. 11 with large soup - 12

**roasted chicken & nut** - house specialty chicken salad, lettuce, toasted sliced almonds on raisin toast 9

**good earth** - white albacore tuna salad, tomato, avocado, sprouts on toasted squaw bread 11

**quinoa burger melt *meat less*** - sauteed onions, aged american, grilled parmesan sourdough 10

**the best b.l.t.** - crispy applewood smoked bacon, lettuce, tomato, red onions, avocado, fresh basil aioli on toasted sourdough 10.5

**New** **maddie's spicy buffalo chicken sandwich** - ranch, cabbage & pickles on a bun 11

see our daily blackboard specials

# Burgers

choice of housemade fries, sweet potato fries, onion rings, housemade coleslaw or fresh fruit

**vegan roasted garlic quinoa burger** - avocado, tomato, sprouts on sourdough or wheat 11

**ofc burger** - thousand, lettuce, tomato, pickle & red onion 12.5

**mazatlan burger** - jack cheese, Ortega chili, lettuce, tomato on grilled sourdough 13

**mel's bbq bacon cheeseburger** - aged cheddar, bacon, bbq sauce & onion straws 14

**chili cheeseburger** - cheddar cheese, lettuce, tomato & jalapenos 13

**mushroom & swiss burger** - horseradish aioli 12.5

## sides

**soup of the day** - cup 4.5 bowl 5.5

**crispy onion straws** - 3.5

**housemade fries, sweet potato fries or onion rings** - 3.5

**housemade chili cheese fries** - 5

**side salad** - cheddar, bacon, red onion and tomato - 7

## beverages & sweets

**soft drinks** - coke, diet coke, root beer, sprite, Mr. Pibb, orange fanta, lemonade, pomegranate acai blueberry vitamin water 3

**iced tea** - 3

**hot herbal tea** - 3.5

house specialty **peach tea** - 3.75

## *New* coffee

roasted locally, custom blend of farm direct Colombia & Brazil beans

tasting notes: walnut, caramel, cacao - 3.5

**cold brewed iced coffee with housemade sweet cream** - 4

**hot chocolate** - 3.75

**french vanilla cappuccino** - 3.75

**milk** - 3.75

**fresh squeezed orange, apple, carrot** - 4

**consuming raw or under cooked meat, eggs, poultry or seafood increases your risk of contracting a foodborne illness & especially if you have certain medical condition**